



Through Appreciating Earth I foster environmental awareness, scientific knowledge, & planetary appreciation. We all consciously & unconsciously change the environment, Earth education helps us understand how we impact our planet.

Join me to Appreciate Earth!

Awareness is a prelude to respect, projected into the world as appreciation

Upcoming Appreciating Earth Geology Walks

Only for Appreciating Earth members! Join for free. Learn about time, rocks & Earth evolution in Sonoma County.



Ring Mountain

on the Tiburon Peninsula of
Marin County

Saturday, July 8th

11am-2pm

{moderately strenuous hike}



Laguna de Santa Rosa

Hydrology & Geology
in East Sebastopol

Tuesday, July 11th

11am-2pm

{easy hike}

There is so much more on the horizon in August & September 2023 including...Tolay Lake Geology Walk, Mount Burdell Geology Walk, Earthquake Education & Preparedness Zoom Class, OLLI Journey of the Continents class at SSU, + Pepperwood Preserve Geology Walk & Talk.

Details are posted on the Appreciating Earth website.

To stay in the loop make sure you are receiving my NEW NEWSLETTER - you should see it in your inbox soon after this one arrived. And if you did not, **click here to sign up for my new newsletter!**

Appreciating Earth Through Body Awareness

Somatic & alignment focused strength & flexibility movement classes



**Appreciating Earth
Virtual Movement Classes**
Monday evenings



**Blue Door
Yoga & Wellness**
Tuesday & Thursday
evenings

Natural Disaster Preparedness

Are you prepared to interact with the environment at its most chaotic? You will never regret planning & prepping in advance, and knowing how and where to access pertinent information. My Laguna de Santa Rosa Foundation presentation "*History of Natural Disasters in the Laguna de Santa Rosa Watershed*" is **posted** + get inspired to plan & prepare with the Appreciating Earth **San Francisco Bay Area Emergency Resources webpage**.



Contact me at: nicolepele@hotmail.com or via www.appreciatingearth.com